We live in a different world now, whether we like to accept it or not, this new world is a Police state. For

All people far and wide, you are under surveillance, everything you do, everyone you talk to will or can be recorded. Governments and corporations buy your rights for dirt cheap and they hurt the many to punish the few. Dragnet spying affects us all.

In 2009, 2,376 wiretaps were authorized in the United States (U.S.) for the purpose of rooting out criminal activity. The average cost per wiretap order was \$52,200 U.S. Dollars (USD) and every request for a wiretap was approved that year. The federal government requested 663 and 24 of the U.S. states requested the remaining 1,713.

96% of the taps were on mobile phones, listening to drug chatter. The two nosiest states were California, with 425 wiretaps, and New York, with 402. The \$52,200 resulted in 678 convictions out of 4,537 arrests. 19% of the overheard calls were incriminating.

In 2011, Law enforcement agencies in the U.S. made more than 1.3 million requests for consumers' cellphone records in. At AT&T, a team of more than 100 workers handle the requests pouring in from local, state and federal law enforcement agencies. More than 250,000 such requests came in last year, a more than two-fold increase over five years ago.

Sprint said it received about 500,000 subpoenas in 2011. Verizon and T-Mobile, two other major U.S. carriers, both reported annual increases in requests exceeding 12 percent.

Cricket has seen a steady increase every year since 2007, and although the company once had a 10person team handling inquiries, it has now outsourced that task to a company called Neustar. Many of the requests cover a number of cellphone subscribers. The costs have become so large that carriers have started charging law enforcement for the records they turn over.

AT&T collected almost \$8.3 million in 2011 in fees from police agencies, although the company said it believes that number falls far short of what it costs AT&T to accommodate the requests. Police requesting data from U.S. Cellular services are asked to pay \$25 to locate a cellphone using GPS (the first three requests are free), \$25 to retrieve a user's text messages and \$50 for a "cell tower dump". A

breakdown of all the cellphones that interacted with a given cellphone tower at a specific time. These are just covering phones; ISP's receive just as many requests if not more.

These are terrifying numbers for ILLEGAL spying, and your ISP's, phone providers and most services retain this data for extremely long times and in great detail.

"On 15 March 2006 the European Union adopted the Data Retention Directive, on "the retention of data generated or processed in connection with the provision of publicly available electronic communications services or of public communications networks and amending Directive 2002/58/EC". The Directive requires Member States to ensure that communications providers retain, for a period of between 6 months and 2 years, necessary data as specified in the Directive"

And your emails;

"Emails are currently intercepted via the ISP (Internet Service Provider). Technical details about this are not released. In the press the method of interception are referred to as "black boxes" at the ISP. In all probability these black boxes are an advanced a network tap/packet sniffer, which pulls out all of the required information for a given protocol."

The ISPs are required under RIPA to provide the ability to maintain interception capability. This means that the government, when required, can monitor any person's internet activity.

In the US

"Individual ISPs are essentially free to keep or delete your data as they see fit, with little regulations in place. Because ISPs are private companies, they're not obligated to reveal how long they keep customer data. So it's hard to find out what each ISP's individual policy on data retention actually is. Some may delete the data after 30 days, some may hold onto it for longer."

There are no regulations on what they keep how long and how they use it, and they are not obligated to disclose information to you about their policies. This is a huge conflict of interest we keep data "don't worry about what data" we keep it for as long as we SEE FIT "none of your business how long" and we use it accordingly "don't worry how or for what". It is not your right to ask us about it either, that is an absurd stance on data retention.

Any law enforcement officer can request an administrative subpoena for your data and demand the third party

Keep the information of the request from you so that you may not use your legal right to defend yourself in Court to this violation of privacy. You have no say in the matter and your legal right to detest

this injustice is null and void you won't even know it's happening to you, it may have already happened. How would you know? This is your privacy don't leave yourself with questions like this, in this day and age encrypting every packet prevents this.

Jacob Applebaum is a victim of this "the founder of the Tor Project". "For the last two years, Appelbaum has been repeatedly detained and harassed at American airports upon his return to the country, including having his laptops and cellphone seized, all without a search warrant of course, and never returned. The U.S. Government has issued secret orders to Internet providers demanding they provide information about his email communications and social networking activities. He has never been charged with, let alone convicted of, any crime."

In the surveillance state we live in, it is not just your privacy that is violated, but your dignity as well. You are no longer a person but rather a set of numbers, a few packets and a geo location. You are a product. In many examples private companies have been proven to buy the personal information of people who are hurting their business such as political activists opposing chemical spills caused by big corporations, occupy Wall Street participants, and people who just tweet about the news. Having an opinion makes you a target to someone somewhere and if they have the money and power your privacy is theirs.

Possessed by third parties, you are for sale and you are guilty until proven otherwise. This Police State wishes to maintain so much control on you, me and everything we do and say, censorship and fighting dissent in all nations, they are terrified of a world with privacy and freedom, so they categorize this concept as chaotic and unmanageable.

So what do we do now...? We fight back in our technocratic environments with the best tools man has to offer.

If you want to be anonymous online we start with choosing our first layer protection, this will be a vpn the vpn is a multi-protocol protected layer which if a protocol issue breaks the other layers we will not be exposed. For example when flash player, Microsoft Silverlight or QuickTime's packets are handled by tor or other socks 4 and 5 proxies their security will be broken if not firewalled. A vpn is always the foundation of security.

So we must make good choices on Vpns and good Vpn practices.

"When a VPN says they don't log and offer multiple servers u have to research all the servers individual policies"

This is a good start, you may be wondering why this is. Well many Vpns you may find may not log and they admit this, but that does not specify which servers they don't log on. This was found with privatetunnel.se and they updated their terms of service to explain this for their US server.

Another major thing we must worry about is ip leakage which there are program and firewall ways to prevent this. Via torrentfreak VPNetMon

"VPNetMon continuously watches the IP addresses of your PC. If the IP address of your VPN is not detected anymore, VPNetMon closes specified programs instantly. The program reacts so quickly that a new connection through your real IP will not be established by these applications," creator Felix told TorrentFreak.

VPNetMon (Windows) can be downloaded here. http://vpnetmon.webs.com/

VPNCheck

"VPNCheck helps you to feel safe if your VPN connection breaks, this is done by shutting down your main network connection or programs of your choice and showing a notification box," Jonathan from Guavi.com told TorrentFreak. "Basically it constantly looks for a change in your VPN network adapter. You can connect to either PPTP or L2TP with VPNCheck."

VPNCheck (Windows/Linux) can be downloaded here. http://www.guavi.com/vpncheck_free.html

Now both of these options are good for our windows users and less technical users, I use vpncheck the free version on my windows boxes and you can firewall up to 3 applications in case of ip leakage.

Now for our linux users we can use iptables which is much more efficient.

ptables is a user space application program that allows a system administrator to configure the tables provided by the Linux kernel firewall (implemented as different Netfilter modules) and the chains and rules it stores. Different kernel modules and programs are currently used for different protocols; iptables applies to IPv4, ip6tables to IPv6, arptables to ARP, and ebtables to Ethernet frames.

iptables requires elevated privileges to operate and must be executed by user root, otherwise it fails to function. On most Linux systems, iptables is installed as /usr/sbin/iptables and documented in its man page,[2] which can be opened using man iptables when installed. It may also be found in /sbin/iptables, but since iptables is more like a service rather than an "essential binary", the preferred location remains /usr/sbin.

iptables is also commonly used to inclusively refer to the kernel-level components. x_tables is the name of the kernel module carrying the shared code portion used by all four modules that also provides the

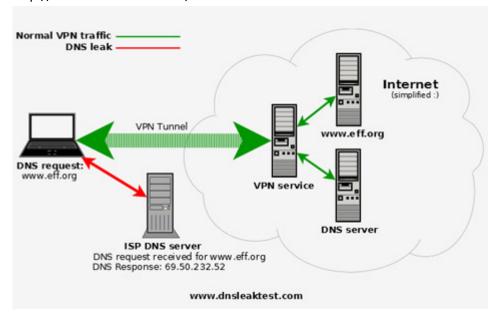
API used for extensions; subsequently, Xtables is more or less used to refer to the entire firewall (v4,v6,arp,eb) architecture.

with this you can force default inbound and outbound ip regulations on Linux.

Instructions https://www.privateinternetaccess.com/forum/index.php?p=/discussion/35/block-non-vpn-traffic-on-linux-with-iptables-protect-against-disconnect/p1

So now that we are picking vpns who don't log, checking TOS and which severs are unlogged and firewalling ip leakage its time to talk about DNS.

Now a DNS leak can compromise your security because your ISP dns server is regional specific so even though your IP is protected the DNS narrows your location and gives what ISP you really use which can significantly single you out.



http://www.dnsleaktest.com/

Check your DNS http://www.dnsleaktest.com/

And solutions to fix dns leaks are here http://www.dnsleaktest.com/how-to-fix-a-dns-leak.php

And for pptp vpns there is a ipv6 vulnerability which can compromise you but is easly fixed

For Windows Vista and above: Open cmd prompt and type: netsh interface teredo set state disabled.

For Ubuntu 10+: Copy and paste all four lines into a terminal: echo "#disable ipv6" | sudo tee -a /etc/sysctl.conf echo "net.ipv6.conf.all.disable_ipv6 = 1" | sudo tee -a /etc/sysctl.conf echo "net.ipv6.conf.default.disable_ipv6 = 1" | sudo tee -a /etc/sysctl.conf echo "net.ipv6.conf.lo.disable_ipv6 = 1" | sudo tee -a /etc/sysctl.conf

Now A list of privacy protecting vpn providers

P2P Supporting VPN providers

- 1. BTguard
- 2. <u>TorrentPrivacy</u> *
- 3. ItsHidden
- 4. Ipredator *
- 5. Faceless *

General VPN providers

- 1. AirVPN
- 2. <u>VPNReactor</u>
- 3. BlackVPN
- 4. PrivatVPN
- 5. Privacy.io
- 6. <u>Mullvad</u>
- 7. Cryptocloud *
- 8. <u>TorGuard</u>

Now a vpn is a good start for your failsafe security against invasive protocols and applications if you do not block things properly but we must not put our apples in one basket.

So we must look elsewhere for a second layer we can go with tor, ssh tunneling or i2p.

TOR:

What is Tor?

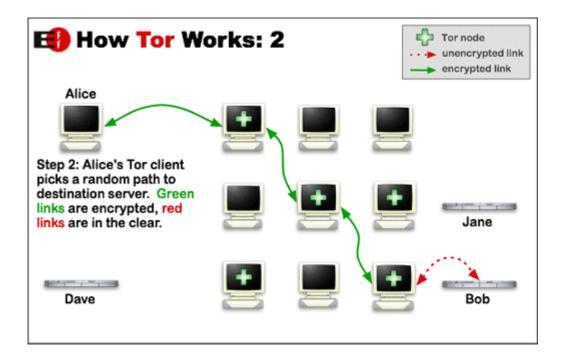
Tor was originally designed, implemented, and deployed as a third-generation <u>onion</u> <u>routing project of the U.S. Naval Research Laboratory</u>. It was originally developed with the U.S. Navy in mind, for the primary purpose of protecting government communications. Today, it is used every day for a wide variety of purposes by normal people, the military, journalists, law enforcement officers, activists, and many others.

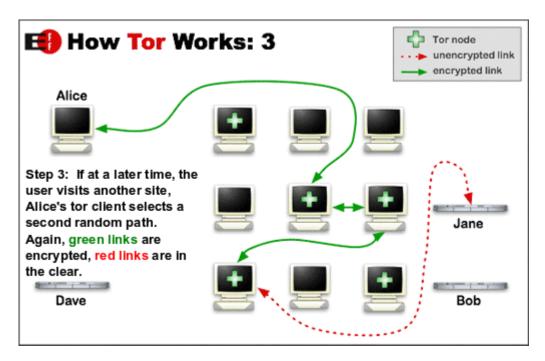
Why do we need Tor?

Using Tor protects you against a common form of Internet surveillance known as "traffic analysis." Traffic analysis can be used to infer who is talking to whom over a public network. Knowing the source and destination of your Internet traffic allows others to track your behavior and interests. This can impact your checkbook if, for example, an e-commerce site uses price discrimination based on your country or institution of origin. It can even threaten your job and physical safety by revealing who and where you are. For example, if you're travelling abroad and you connect to your employer's computers to check or send mail, you can inadvertently reveal your national origin and professional affiliation to anyone observing the network, even if the connection is encrypted.

Tor is a very great tool, but it is not entirely user friendly. It is most effective when configured properly and offers an extra proxy on top of its node set up. Tor also has an add on for *Firefox* called **TorButton** (MacOS | Linux | Windows) which works great if you use *Firefox*. For some people Tor can be a bit difficult to use at first but again, take your time to learn security and safety

How Tor Wo	2 	Tor node unencrypted link encrypted link		
Alice	+			
Step 1: Alice's Tor client obtains a list of Tor nodes from a directory server.		+		Jane
Dave	+		<u>+</u>	Bob





And tor for phones

Orbot is an application that allows mobile phone users to access the web, instant messaging and email without being monitored or blocked by their mobile internet service provider. Orbot brings the features and functionality of Tor to the Android mobile operating system.

Orbot contains Tor, libevent and privoxy. Orbot provides a local HTTP proxy and the standard SOCKS4A/SOCKS5 proxy interfaces into the Tor network. Orbot has the ability to transparently torify all of the TCP traffic on your Android device when it has the correct permissions and system libraries.

Proxy settings and Configuration:

Orbot offers three interfaces into the Tor network:

- SOCKS 4A/5 proxy 127.0.0.1:9050
- HTTP proxy 127.0.0.1:8118
- Transparent proxying (on select devices)

For Instant Messaging, try <u>Gibberbot</u>, which includes support for connecting via Tor and Off-the-Record encryption.

Installing

Tor is available on the Android market (no root)

Now we explain ssh tunneling

A secure shell (SSH) tunnel consists of an encrypted tunnel created through a <u>SSH</u> <u>protocol</u> connection.

Users may set up SSH tunnels to transfer<u>unencrypted</u> traffic over a network through an <u>encrypted</u> channel. For example, Microsoft Windows machines can share files using the <u>Server Message Block</u> (SMB) protocol, a non-encrypted protocol. If one were to mount a Microsoft Windows file-system remotely through the Internet, someone snooping on the connection could see transferred files. To mount the Windows file-system securely, one can establish a SSH tunnel that routes all SMB traffic to the remote fileserver through an encrypted channel. Even though the SMB protocol itself contains no encryption, the encrypted SSH channel through which it travels offers security.

To set up an SSH tunnel, one configures an SSH client to <u>forward</u> a specified local port to a port on the remote machine. Once the SSH tunnel has been established, the user can connect to the specified local port to access the network service. The local port need not have the same port number as the remote port.

SSH tunnels provide a means to bypass <u>firewalls</u> that prohibit certain Internet services — so long as a site allows outgoing connections. For example, an organization may prohibit a user from accessing Internet web pages (port 80) directly without passing through the organization's <u>proxy filter</u>

ssh tunneling is a great resource to utilize if you or friends have a server. by creating a ssh user for yourself you can tunnel with your server as a proxy with 256 bit AES encryption and of course if you have root you can not log :).

so first we get a ssh client

<u>**Tunnelier Portable</u>** - this is my favorite has nice features, portable, smooth and efficent.</u>

you can download it here or <u>PUTTY</u> which is a alternative ssh client and telnet client.

so first we start by putting our host, which is the server ip address and port 22 is the ssh port

then we choose our login method which will be likely username, password unless you choose a different method.

set your credentials in and login.

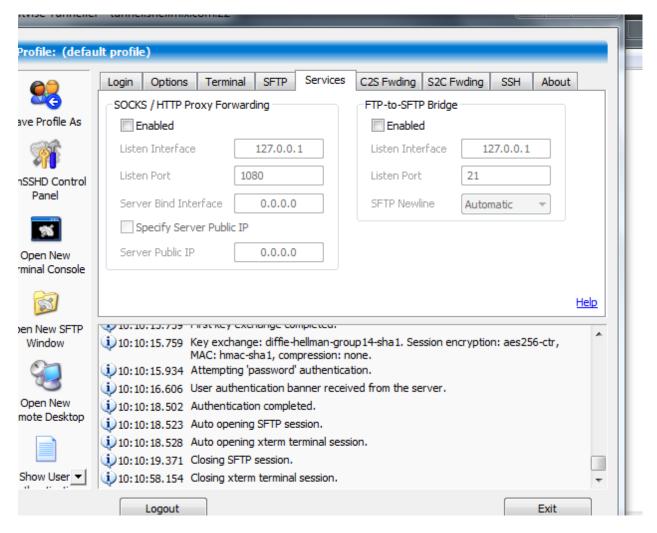
now your ssh connection will be listening on 127.0.0.1 port 1080 unless you go into options and change the port which you can.

so for any application just plugin proxy settings host:127.0.0.1 port 1080* or your chosen port and your now tunneling through your 256 bit AES ssh tunnel.

alternatively you can use proxifier and set all traffic to run though your ssh tunnel or set rules to which programs you want to go through it and not

Profile: (defau	lt profile)					
60	Login	Options	Terminal	SFTP	Services	C2S Fwding	S2C Fw
23	Server					Authentication	
Load Profile	Host	tunne	el.shellmix.co	om		Username	anon
2	Port	22				Initial method	passw
Save Profile As		<u>y settings</u>	Host	key mana	iger	Password	****
	SPN					Store enc	rypted pa
	S	SPI/Kerber	os 5 📃 De	elegation		<u>User keypair</u>	manager
						✓ Try gssapi	i-keyex fi
	10:09 (10:09) (10:09)	01.952 V :01.952 R	Copyright (C) Portions Cop /isit www.bit) 2000-20 yright (C) vise.com r -help' ta	010 by Bitvi 01995-2003 for latest ir o learn the	SSH2 client. se Limited. 3 by Wei Dai. nformation abou supported comr	
		Loain					

Profile: (defau	lt profile)	
	Login Options Terminal SFTP Services C2S Fwding S2C Fwding SSF	-
Load Profile	Host Key Verification	
2	New host key	
Save Profile As	Either the connection to this host is being established for the first time or the host key has been removed from, or never saved to the database.	
	Please contact the server's administrator and verify the received key. Accepting the host key without verification is not recommended .	profi
	Connecting to tunnel.shellmix.com:22	able
	Host key algorithm: ssh-rsa , size: 2048 bits.	
	MD5 Fingerprint: b3:3b:5a:3c:de:a8:c6:49:f0:70:76:bf:47:8d:ac:3e	rs.
	Bubble-Babble: xetit-kadob-hylyt-bygih-pufyz-tovur-copem-cuguv-mucef-rihyn-mixyx	
	Accept and Save Accept for This Session Cancel	
	10:09:58.233 Server version string: SSH-1.99-ShellmiX SSH User version	
	(10:09:58.549 New host key received. Algorithm: ssh-rsa, Size: 2048 bits, MD5 Fine b3:3b:5a:3c:de:a8:c6:49:f0:70:76:bf:47:8d:ac:3e, Bubble-Babble: xetit-kadob-hylyt-bygih-pufyz-tovur-copem-cuguv-mucef-rihyn-mixy	_
	Abort	



http://shells.red-pill.eu/ here is a list of free shell services.

we recommend <u>http://shellmix.com</u> they allow alot of good software, web hosting, around 350mb of space and ssh tunneling on their polish server.

torvpn.com also with their 1gb vpn trial offers 1month of ssh access.

we can get a free shell from http://shellmix.com they offer freebsd shells. This only takes a few minutes to do.

So we can run scripts inside our new shell, use it for tunneling as a proxy we can host some files on it and we can also use IRC directly inside our shell in the console with IRSSI

Since the shellmix shell is freebsd here is a script to install IRSSI from command line and all its dependencies

http://speedy.sh/4awD7/irssi-in-freebsd-install.txt

you can copy and paste that into command line and then just type irssi to use irssi then the regular irc commands connect irc.likeaboss.net

/list /join #shell

Etc...

Now I2P

What is I2P?

I2P is an anonymizing network, offering a simple layer that identity-sensitive applications can use to securely communicate. All data is wrapped with several layers of encryption, and the network is both distributed and dynamic, with no trusted parties.

Many applications are available that interface with I2P, including mail, peer-peer, IRC chat, and others.

The I2P project was formed in 2003 to support the efforts of those trying to build a more free society by offering them an uncensorable, anonymous, and secure communication system. I2P is a development effort producing a low latency, fully distributed, autonomous, scalable, anonymous, resilient, and secure network. The goal is to operate successfully in hostile environments - even when an organization with substantial financial or political resources attacks it. All aspects of the network are open source and available without cost, as this should both assure the people using it that the software does what it claims, as well as enable others to contribute and improve upon it to defeat aggressive attempts to stifle free speech.

Anonymity is not a boolean - we are not trying to make something "perfectly anonymous", but instead are working at making attacks more and more expensive to mount. I2P is a low latency mix network, and there are limits to the anonymity offered by such a system, but the applications on top of I2P, such as<u>Syndie</u>, I2P mail, and I2PSnark extend it to offer both additional functionality and protection.

I2P is still a work in progress. It should not be relied upon for "guaranteed" anonymity at this time, due to the relatively small size of the network and the lack of extensive academic review. It is not immune to attacks from those with unlimited resources, and may never be, due to the inherent limitations of low-latency mix networks.

I2P works by routing traffic through other peers, as shown in the following picture. All traffic is encrypted end-to-end. For more information about how I2P works, see the <u>Introduction</u>.

http://www.i2p2.de/how_intro

HOWTO: Browsing securely, using i2p with Firefox and FoxyProxy

You can configure your browser manually to use the i2p proxy settings (127.0.0.1:4444 by default), or if you're using FireFox, you can use an add-on by <u>Eric</u> Jung called <u>FoxyProxy</u> to configure those URLs for you.

Here's how! (click the images below for full-size versions)

- 1. Download and install <u>FoxyProxy</u>. Firefox needs to be restarted after you add this.
- 2. When Firefox comes back up, you'll see a new item in your status bar

Left-click the word "FoxyProxy" in your status bar to bring up the FoxyProxy configuration dialog, which should look something like this:

- 1. The important items are to make sure that your "Host or IP Address" does not have 'http://' in it, and that you do not enable the "SOCKS proxy?" boxes. Save that configuration and exit back to your browser.
- 2. Right-click on "FoxyProxy
- 3. If you wanted to use i2p for ALL urls, you could select it from the i2p Proxy > Use proxy "i2p Proxy" for all URLs" option, but we're not going to do that right now.

4. Choose the "Use proxies based on their pre-defined patterns and priorities" option at the top of this menu (the orange part in the image above).

Now when you're browsing "normally", you'll fall through to the "Default" proxy (none). When you reach an i2p UR such as <u>sponge.i2p</u>, it will pass into the i2p proxy we've set up.

By default, I2P comes with two outproxies configured: false.i2p (an HTTP-only proxy) and outproxyng.h2ik.i2p (an HTTPS proxy routed through Tor.

Both of these outproxies are configured with connection limits. This means that only set amount of accesses are allowed per client. Once the limit is reached, the client is blocked out for a timeframe of 1min/1h/1 day. Be respectful and do not overload these services with too many requests!

Now what do we do if someone has our computer with our private data on it already?? Lets say you loose your computer or it gets into the wrong hands? What then, well this is not an issue when you encrypt your drives with true crypt.

TrueCrypt (Encryption) (Tutorial)

TrueCrypt is a software system for establishing and maintaining an on-the-flyencrypted volume (data storage device). On-the-fly encryption means that data is automatically encrypted right before it is saved and decrypted right after it is loaded, without any user intervention. No data stored on an encrypted volume can be read (decrypted) without using the correct password/keyfile(s) or correct encryption keys. Entire file system is encrypted (e.g., file names, folder names, contents of every file, free space, meta data, etc).

TrueCrypt can currently encrypt the following operating systems:

- Windows 7 (32-bit and 64-bit)
- Windows Vista
- Windows Vista x64 (64-bit) Edition
- Windows XP
- Windows XP x64 (64-bit) Edition
- Windows Server 2008 R2 (64-bit)

- Windows Server 2008
- Windows Server 2008 x64 (64-bit)
- Windows Server 2003
- Windows Server 2003 x64 (64-bit)
- Windows 2000 SP4
- Mac OS X 10.7 Lion (64-bit and 32-bit)
- Mac OS X 10.6 Snow Leopard (32-bit)
- Mac OS X 10.5 Leopard
- Mac OS X 10.4 Tiger
- Linux (32-bit and 64-bit versions, kernel 2.6 or compatible)

Downloads (.exe and PGP signature)

How to Create and Use a TrueCrypt Container (Tutorial)

Step 1:

If you have not done so, download and install TrueCrypt. Then launch TrueCrypt by double-clicking the file TrueCrypt.exe or by clicking the TrueCrypt shortcut in your Windows Start menu.

Step 2:

۳	rueCrypt	:							_	. 🗆 🗙
File	Volumes	Keyfiles	Tools	Settings	Help				Home	epage
	rive Volu	me				Size	Encryption	Algorithm	Туре	
	≥E:									
	≥G:									
	≥H: ≥I:									
	≥1; ≥];									
9	≥K:									
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	⊆rea	te Volume			<u>V</u> olume Propert	ies		<u>Wi</u> pe (Cache	
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			_							
	Mo	unt		<u>A</u> uto-Moun	t Devices	Di <u>s</u> mouni	t All		E <u>×</u> it	
								L		

The main TrueCrypt window should appear. Click **Create Volume**(marked with a red rectangle for clarity)

Step 3:

TrueCrypt Volume Creation Wizard	
	TrueCrypt Volume Creation Wizard
	• Create an encrypted file container
	Creates a virtual encrypted disk within a file. Recommended for inexperienced users. <u>More information</u>
	C Encrypt a non-system partition/drive
	Encrypts a non-system partition on any internal or external drive (e.g. a flash drive). Optionally, creates a hidden volume.
	○ Encrypt the system partition or entire system drive
TRU	Encrypts the partition/drive where Windows is installed. Anyone who wants to gain access and use the system, read and write files, etc., will need to enter the correct password each time before Windows boots. Optionally, creates a hidden system. <u>More information about system encryption</u>
	Help < Prev Next > Cancel

The TrueCrypt Volume Creation Wizard window should appear.

In this step you need to choose where you wish the TrueCrypt volume to be created. A TrueCrypt volume can reside in a file, which is also called container, in a partition or drive. In this tutorial, we will choose the first option and create a TrueCrypt volume within a file.

As the option is selected by default, you can just click **Next**

Note: In the following steps, the screenshots will show only the right-hand part of the Wizard window.

Step 4:

Volume Type					
Standard TrueCrypt volume					
Select this option if you want to create a normal TrueCrypt volume.					
C Hi <u>d</u> den TrueCrypt volume					
It may happen that you are forced by somebody to reveal the password to an encrypted volume. There are many situations where you cannot refuse to reveal the password (for example, due to extortion). Using a so-called hidden volume allows you to solve such situations without revealing the password to your volume.					
More information about hidden volumes					
Help < Prev Next > Cancel					

In this step you need to choose whether to create a standard or hidden TrueCrypt volume. In this tutorial, we will choose the former option and create a standard TrueCrypt volume.

As the option is selected by default, you can just click **Next**.

Step 5:

Volume Location	
•	Select <u>F</u> ile
☑ Never <u>s</u> ave history	
A TrueCrypt volume can reside in a file (called Tr which can reside on a hard disk, on a USB flash d TrueCrypt container is just like any normal file (it example, moved, copied and deleted as any norm 'Select File' to choose a filename for the container location where you wish the container to be creat WARNING: If you select an existing file, TrueCry it; the file be deleted and replaced with the new TrueCrypt container. You will be able to encrypt on) by moving them to the TrueCrypt container to to create now.	rive, etc. A can be, for nal file). Click r and to select the ted. pt will NOT encrypt y created existing files (later
Help < Prev Mext	> Cancel

In this step you have to specify where you wish the TrueCrypt volume (file container) to be created. Note that a TrueCrypt container is just like any normal file. It can be, for example, moved or deleted as any normal file. It also needs a filename, which you will choose in the next step.

Click Select File.

The standard Windows file selector should appear (while the window of the TrueCrypt Volume Creation Wizard remains open in the background).

Step 6:

Specify Path and	File Name				<u>? ×</u>
Look in:	C My Documen	ts	~	🗢 🗈 💣 🎟	
My Computer My Documents Dockton					
Desktop 🍎 Recent					
	File <u>n</u> ame:	My Volume			<u>S</u> ave
	Files of type:	All Files (*.*)		•	Cancel

In this tutorial, we will create our TrueCrypt volume in the folder D:My Documents and the filename of the volume (container) will be My Volume (as can be seen in the screenshot above). You may, of course, choose any other filename and location you like (for example, on a USB memory stick). Note that the file MyVolumedoes not exist yet – TrueCrypt will create it.

IMPORTANT: Note that TrueCrypt will not encrypt any existing files (when creating a TrueCrypt file container). If you select an existing file in this step, it will be overwritten and replaced by the newly created volume (so the overwritten file will be lost, notencrypted). You will be able to encrypt existing files (later on) by moving them to the TrueCrypt volume that we are creating now.*

Select the desired path (where you wish the container to be created) in the file selector.

Type the desired container filename in the **File name** box.

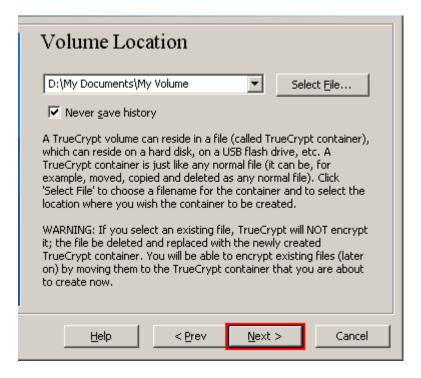
Click Save.

The file selector window should disappear.

In the following steps, we will return to the TrueCrypt Volume Creation Wizard.

* Note that after you copy existing unencrypted files to a TrueCrypt volume, you should securely erase (wipe) the original unencrypted files. There are software tools that can be used for the purpose of secure erasure (many of them are free).

Step 7:



In the Volume Creation Wizard window, click Next.

Step 8:

Encryption Options					
Encryption Algorithm					
FIPS-approved cipher (Rijndael, published in 1998) that may be used by U.S. government departments and agencies to protect classified information up to the Top Secret level. 256-bit key, 128-bit block, 14 rounds (AES-256). Mode of operation is XTS.					
More information on AES Benchmark					
Hash Algorithm RIPEMD-160 Information on hash algorithms					
Help < Prev Next > Cancel					

Here you can choose an encryption algorithm and a hash algorithm for the volume. If you are not sure what to select here, you can use the default settings and click **Next**

Here is some technical details, but not part of actual installation, you may skip this and go straight to step 9.

TrueCrypt volumes can be encrypted using the following algorithms:

Algorithm -Key size (bits)-Block size (bits)

AES -256-128

Serpent -256-128

Twofish -256 -128

AES-Twofish -256;256 -128

AES-Twofish-Serpent-256;256;256 -128

Serpent-AES -256;256-128

Serpent-Twofish-AES -256;256;256-128

Twofish-Serpent -256;256 -128

So we have one last topic to cover and that is mac address spoofing think of it as your computers social security number. It identifies a specific device or piece of hardware. We can easily change this to be even more anonymous.

First off what is MAC

When you think about networking, IP addresses are probably the first things that come to mind. But there's another type of network address called a MAC address that actually forms the foundation upon which IP address communication is built, at least where local area networks are concerned.

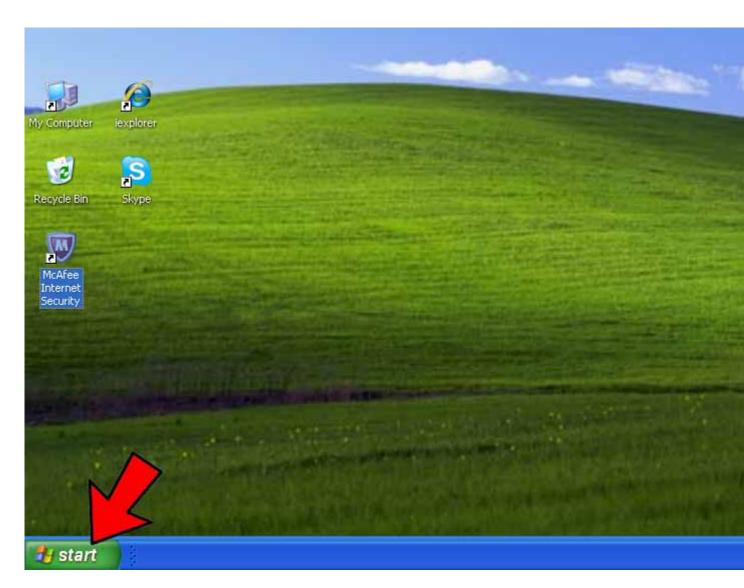
A MAC (Media Access Control) address, sometimes referred to as a hardware address or physical address, is an ID code that's assigned to a network adapter or any device with built-in networking capability, such as a printer. While an IP address can potentially be assigned to any device, a MAC address is "burned into" a given device from the factory. A MAC address takes the form of six pairs of hexadecimal digits.

Given that IP addresses can't be permanently assigned to a device — after all, a particular address can belong to one computer today and another one tomorrow — MAC addresses allow communication between devices on a local network by making it possible to reliably distinguish one computer from another.

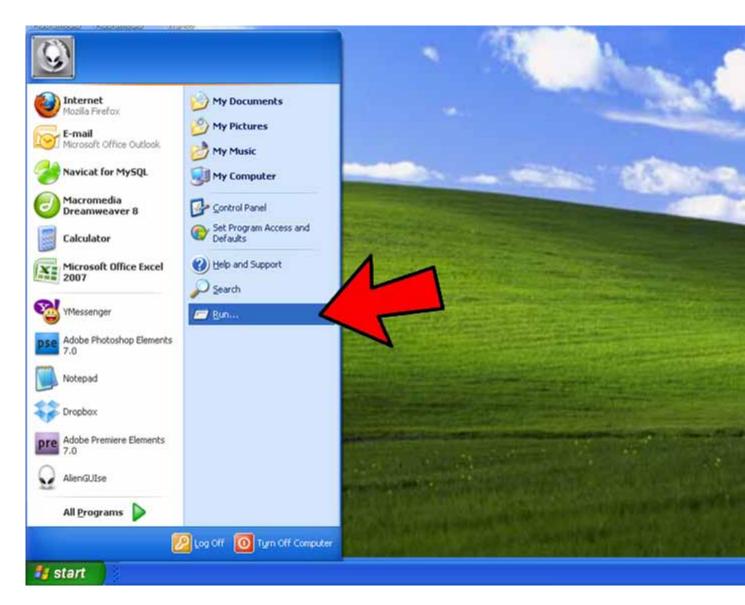
A MAC (Media Access Control) address is a number that identifies the network adaptor(s) installed on your computer. To find your MAC address on a Windows, Mac, or Linux system, use one of the following methods.

How to find the MAC address on your computer:

Windows method 1:



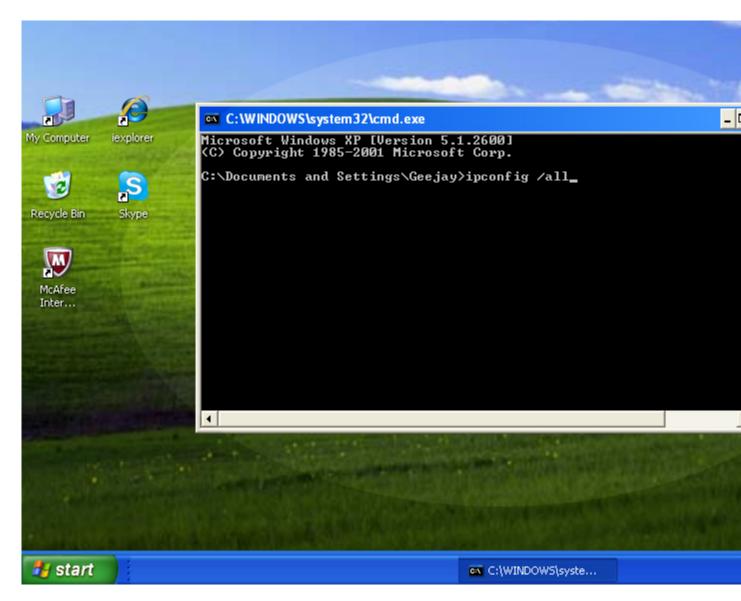
1) Click on the *Start* button.



2) Click on Run.

	6	
5		
My Computer	iexplorer	
1	S	
Recycle Bin	Skype	
McAfee Inter		Run Image: Stress of the name of a program, folder, document, or Internet resource, and Windows will open it for you. Open: Cmd OK Cancel Browse
📲 start		How to Find the MAC 🔎 Editor - Photoshop El

3) Type *cmd* and press *Enter*.



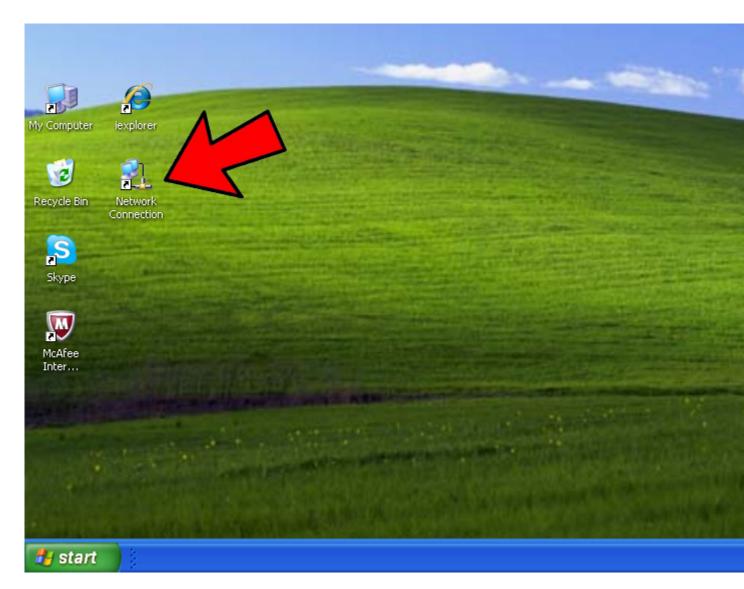
4) At the command prompt, type *ipconfig* /*all* and pressEnter. Don't forget the space.

	C:\WINDOWS\system32\cmd.exe
	Microsoft Windows XP [Version 5.1.2600] (C) Copyright 1985-2001 Microsoft Corp.
My Computer iexplorer	C:\Documents and Settings\Geejay>ipconfig /all
ALCONTRACTOR AND	Windows IP Configuration
Recycle Bin Skype	Host Name : teletran1 Primary Dns Suffix : Node Type : Unknown IP Routing Enabled : No WINS Proxy Enabled : No
	Ethernet adapter Local Area Connection: Connection-specific DNS Suffix . :
McAfee	Description Intel(R) PRO/100 VE Net
Inter	on Physical Address
NAME OF TAXABLE PARTY.	Lease Obtained Friday, May 27, 2011 9: Lease Expires Friday, May 27, 2011 11
	C:\Documents and Settings\Geejay>
a training and the second second	
🛃 start	C:\WINDOWS\syste

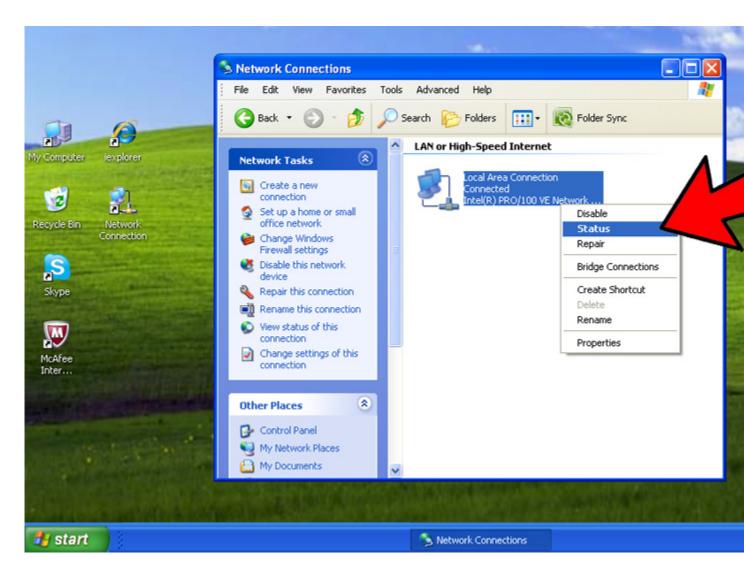
5) Look for *Physical Address*. This your MAC address. Make sure you get the physical address of the correct network adapter - usually there are several listed.

Windows Method 2:

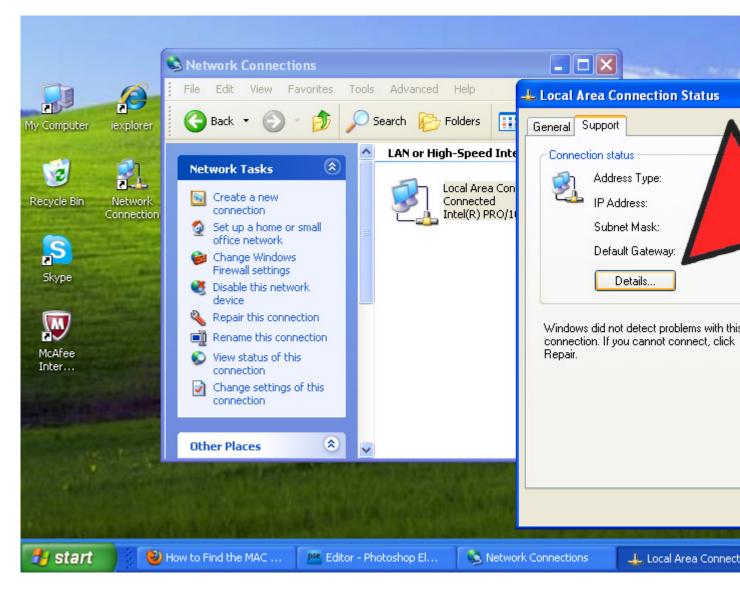
1) Connect to a network. *This method is only applicable if you are currently connected.*



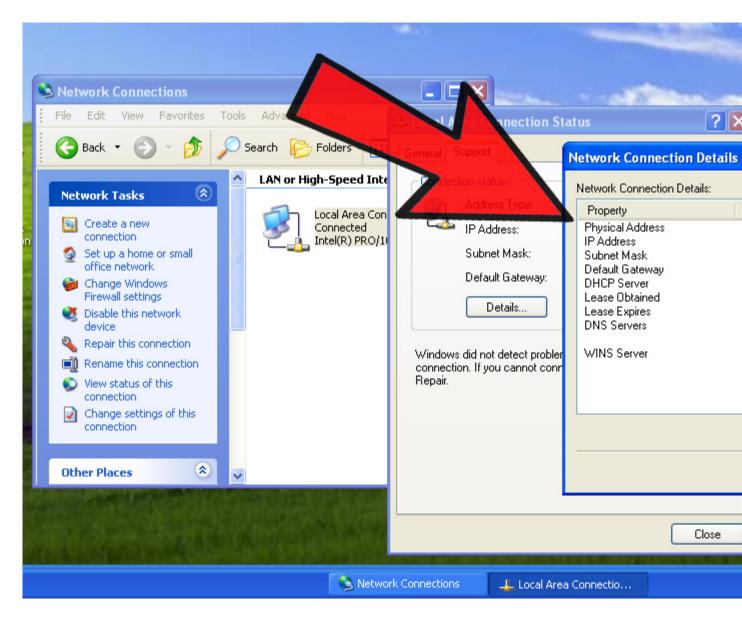
2) Open *Network Connections*. If you don't have a desktop icon for this, find the connection icon in the taskbar (the lower right-hand corner of the Windows toolbar) and click on it to either bring up your current connection or a list of available networks.



3) Right-click your connection and select Status.



4) Click "Details". Note that, in some versions of Windows, this may be under the *Support* tab.



5) Look for *Physical Address*. This your MAC address. Make sure you get the physical address of the correct network adapter - usually there are several listed.

MAC OS X Method:

1) Go to System Preferences.

2) Select *AirPort* or *Built-in Ethernet*, depending on how you access your network.

- For Ethernet, click *Advanced* and navigate to the *Ethernet*tab. At the top you will see the Ethernet ID, which is your MAC address.
- For AirPort, click *Advanced* and navigate to the bottom of the page. There you will see the AirPort ID your MAC address.

Linux Method:

1) Obtain a *command shell*. Depending on your system, this might be called *Xterm*, *Shell*, *Terminal*, *Command Prompt*, or something similar. It can usually be found under *Applications* >*Accessories* (or the equivalent).

2) Type /*sbin/ipconfig* and press *Enter*. If you are denied access, enter *su* –*c* "*/sbin/ipconfig*" and enter the root password if prompted.

• re	oot@a	aimsit:~	$-\Box \times$
<u>F</u> ile	<u>E</u> dit	<u>V</u> iew <u>T</u> erminal <u>H</u> elp	
[roo eth0		<pre>Isit ~]# ifconfig Link encap:Ethernet HWaddr 00:1C:C4:21:25:63 inet addr:192.168.1.10 Bcast:192.168.1.255 Mask:255.255.255.0 inet6 addr: fe80::21c:c4ff:fe21:2563/64 Scope:Link UP BROADCAST RUNNING MULTICAST MTU:1500 Metric:1 RX packets:8772654 errors:0 dropped:0 overruns:0 frame:0 TX packets:2577871 errors:0 dropped:0 overruns:0 carrier:0 collisions:0 txqueuelen:1000 RX bytes:2153470542 (2.0 GiB) TX bytes:680636817 (649.1 MiB) Interrupt:16 Base address:0x6000</pre>	
lo		Link encap:Local Loopback inet addr:127.0.0.1 Mask:255.0.0.0 inet6 addr: ::1/128 Scope:Host UP LOOPBACK RUNNING MTU:16436 Metric:1 RX packets:2048 errors:0 dropped:0 overruns:0 frame:0 TX packets:2048 errors:0 dropped:0 overruns:0 carrier:0 collisions:0 txqueuelen:0 RX bytes:1660245 (1.5 MiB) TX bytes:1660245 (1.5 MiB)	
virb	r0	Link encap:Ethernet HWaddr 00:00:00:00:00:00 inet addr:192.168.122.1 Bcast:192.168.122.255 Mask:255.255.255. UP BROADCAST RUNNING MULTICAST MTU:1500 Metric:1	.0

3) Look for your *HWaddr*. This is your MAC address.

Tips:

- A MAC address is a series of 6 groups character pairs separated by dashes.
- Your MAC address can also be found with third party networking utilities, or by checking the network adapter properties under Device Manager.
- For Mac OS X, you can also try the Linux method in Terminal.app. This will work on because MacOS X uses the Darwin kernel (based upon BSD).

Reasons for why you may want to spoof your MAC address:

- 1. To get past MAC address filtering on a router. Valid MAC addresses can be found by sniffing them and then the deviant user could assume the MAC of a valid host. Having two hosts on the same network can cause some network stability problems, but much of the time it's workable. This is one of the reasons why MIC Address filtering on a wireless router is pointless. An attacker can just sniff the MAC address out of the air while in monitor mode and set his WiFi NIC to use it. Interestingly, a lot of hotels use MAC filtering in their "pay to surf" schemes, so this method can be an instant in for cheap skate road warriors.
- 2. Sniffing other connections on the network. By assuming another host's MAC as their own they may receive packets not meant for them. However, ARP poisoning is generally a better method than MAC spoofing to accomplish this task.
- **3.** So as to keep their burned in MAC address out of IDS and security logs, thus keeping deviant behavior from being connected to their hardware. For example, two of the main things a DHCP server logs when it leases an IP to a client is the MAC address and host name. If you have a wireless router look around on it's web interface for where it logs this info. Luckily there are tools to randomize this information(MadMACs)(download here) First off what is MAC
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14.

15.2) Click on Run.

16.

17.3) Type cmd and press Enter.

18.

19.4) At the command prompt, type ipconfig /all and pressEnter. Don't forget the space.

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http://madmacs.en.uptodown.com/

54. To pull off a denial of service attack, for instance assuming the MAC of the gateway to a sub net might cause traffic problems. Also, a lot of WiFi routers will lock up if a client tries to connect with the same MAC as the router's BSSID.

And this concludes my guide hope you enjoyed it.